

MY SECRET ADDRESSES

TRAVEL TIPS FROM THE TREND SPOTTER

Anne Lise Kjær, 46 years old, has her own trend business and working from London where she resides. She works for companies such as iittala, Sony, Nokia, Toyota and Ikea.

Denmark

Copenhagen is definitely one of my favourite cities in the world. I love to just walk around and be inspired, just take in all the energies and then stop at Paludan's book cafe and drink a cup of coffee with cake while I write down all my impressions. I am happy to take a walk at Frederiksberg flea market in the summer if I have the opportunity. It's just so cool and you can really recognize culture through the amazing things you can find here. As in London, I take like a canal tour or rent a bike - then you are sure to feel at home.

Paludan Bog & Café, Fiolstræde 12, 1171 Copenhagen, DK

Parking behind Frederiksberg Rådhus 1, 2000 Frederiksberg

Opening hours: Saturday from 9 – 15 from 15th of april to 25th of october.

Istanbul

Are you in Istanbul, so do not miss the tour of the Bosphorus to the Asian side of the city. Fish restaurant Korfez can be difficult to find, but you call and book in advance, they come and pick you up on the European side. The trip takes five minutes and they will sail you back if requested.

Korfez Caddesi No.78, Kanlica, Istanbul 34810, Turkey, +90 (216) 413 43 14

Iceland

Mývatn is a super modern natural bath, which takes Icelandic tradition to new heights - it is clearly one of the best I have visited. This luxury natural bath is a 'must' for personal wellness. Unique mix of minerals, silicates and geothermal microorganisms in the hot water gives a feeling of being on another planet. Good for both skin and soul at the same time and the feeling of wellness will last a long time after the visit to this magical place on Europe's extreme latitude.

www.naturebaths.com

New York

MoMA, New Gallery and Whitney are absolute musts among New York's art museums, but you should also take the trip to Williamsburg in Brooklyn, and visit the museum of sculptor Isamu Noguchi and P.S. ONE, which is just around the corner. Taking the train then remember to enjoy the view all the way.

Museum Address: 9-01 33rd Road (at Vernon Boulevard), Long Island City, NY
www.noguchi.org

Oslo

Oslo has a new opera and a trip to the roof is absolutely fantastic. The opera building, which resembles an eternal iceberg in white marble, the Oslo has a new piece of architecture that changes the city's appearance and creates an international atmosphere.

Kirsten Flagstads plass 1, Oslo
www.operaen.no

London

Tate Modern is now the world's most visited art gallery and one of the worlds best. Go there, the works are always highly topical and museum big enough for everyone who wants to see it from the cafe, the bookstore everything is a real pleasure. A fine London day starts at London Bridge with cafe latte (best in the city) on Monmoth Coffe Company at Borough Market, which has everything a gourmet heart desires, walk 15 minutes along the South Bank to the Tate Modern. If you love art, it takes 20 minutes to sail on the Thames by boat to Tate Britain. Amazing experience that I will never get enough of.

Monmouth Coffee House, 2 Park Street, London SE1 9AB
www.tate.org.uk
www.boroughmarket.org.uk

London

Metropolis London consists several districts, which all contains a range of good experiences. We live in the northern part of London, where among other things, Primrose Hill, Hampstead, Crouch End and Muswell Hill is recommended. They all have a High Street with small shops, but with a wide range and diversity. My favourite town is Islington, where the food at the local Ottolenghi restaurant always tastes good. (Ottolenghi has two restaurants in London and everything is fresh, homemade and as far as possible, organic.)

287 Upper Street, London N1 2TZ, 020 7288 1454
www.ottolenghi.co.uk

Denmark

I am never in Copenhagen without visiting Louisana in Humlebæk. The trip up there is just amazing especially if the sun shines. Last time I was there I stopped at Jacobsen on the way home to get my portion DANISH.